

LEANING IN: Supporting Black Youth (LGBTQ 101)

WHY ARE WE HERE? WHAT IS OUR SHARED PURPOSE?

This workshop is designed to support local youth organization leaders, parents, families, volunteers and others that love and work with black youth in forming questions, seeking answers and applying new learning to organization and community culture. Together, facilitators and participants will jump start a journey to create safer spaces and to understand how their actions + inactions impact the lives of LGBTQ youth.

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AGENDA

9:30am-10am - Arrival of Participants

10am - Welcome - Overview of Day, Time, Housekeeping + Thank-Yous

10:15am - Invocation, Goal, Objectives, Agreements (WAIT, Step Up/Step Back)

10:30am - Introductions + Check-ins // Pair Share

- How did your parents react when you told them you were cisgender?
- Are you in a relationship? If so, think of the present relationship and if not, think of a recent relationship - who is the male in your relationship? Who is the female in your relationship?
- When was the first time you came out as a heterosexual?

11 - 11:30am - EXPRESSION + IDENTITY

- Mind, Body, Spirit & Heart
- Wheel of Identity - Components That Make Us Who We Are

11:30am - 11:40am - Quiet Reflection

11:40am - 12pm - Group Debrief

12 - 12:45pm - Lunch & Bio Break

12:45 - 1:15pm - RACIAL + CULTURAL CONTEXT - OTHERING/BELONGING

- Timeline
- Culture & Heritage
- Religion

1:15 - 1:25pm - Quiet Reflection

1:25 - 1:45pm - Group Debrief

1:45 - 2:15pm - THE BATTLE OF INVISIBILITY: IDENTITY + ORIENTATION

- Historical BLACK Figures - Bayard Rustin, Bessie Smith, Lorraine Hansberry, Langston Hughes, James Baldwin, Audre Lorde, Zora Neale Hurston, Pauli Murray

2:15 - 2:25pm - Quiet Reflection

2:25 - 3pm - CREATING A CULTURE OF INQUIRY, EQUITY + INCLUSION

- Exercise: Strengths, Challenges, Overcame
- Group: Seen, Heard, What Didn't You Know
- Creating Safer Spaces - Website/Manual, Physical Environment, Intake Forms, Language, Questions/Communication, Pronouns, etc

3 - 3:20pm - Connection Time & Bio Break

- Small Groups - 3 Goals + Accountability Practices

3:20 - 3:30pm - Quiet Reflection

3:30 - 3:50pm - Group Debrief

3:50 - 4pm - Next Steps + Wrap-Up